



Village of Croton on Hudson  
**WINTER 2023**  
**Recreation Brochure**

Recreation & Parks Department



*The Village of*  
**CROTON-on-HUDSON**  
NEW YORK



# VILLAGE of CROTON on HUDSON

Brian Pugh, Mayor  
Ann Gallelli, Deputy Mayor / Trustee  
Sherry Horowitz, Trustee  
Len Simons, Trustee  
Bryan Healy, Village Manager

## DEPARTMENT of RECREATION and PARKS

One Van Wyck Street, Croton-on-Hudson, NY 10520

Recreation Department: (914) 271-3006

Senior Director: (914) 271-5804

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Joanna Straub, Director of Senior Recreation

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## RECREATION ADVISORY COMMITTEE

Maria Slippen, Chairperson

Steve Baranowski

Emily Boglioli

Debi Braddick

Karen Pecora

Allison Rosen

Peter Sedlmair



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[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)

## MISSION STATEMENT

It is the mission of the Village of Croton-on-Hudson Recreation Department:

To create and maintain aesthetically pleasing, safe, healthful, and enjoyable areas for residents; to provide positive, cost-effective leisure opportunities which promote individual and community wellness for children, youth, adults and seniors; to promote the preservation and appropriate utilization of the Village's recreational resources.

## 2023 REGISTRATION INFORMATION

This brochure provides a description of recreation programs, facilities and special events offered for **WINTER 2023** by the Village of Croton-on-Hudson's Recreation Department. Most classes and programs have limited availability and are offered on a first-come, first-served basis. Early registration is encouraged. Programs may be canceled due to insufficient registration.

Village Residents are defined as those who live within the boundaries of the incorporated Village of Croton-on-Hudson, and therefore pay taxes to the village. The programs and facilities of the Recreation Department are also made available to those who reside within the Croton-Harmon School District yet outside the village boundaries. In most cases, School District residents are required to pay a higher "non-resident" fee; although they are given equal priority in the registration process. If there are still openings in certain programs after Village and School District residents have had an opportunity to register, the department will consider non-resident applications, at a higher fee, on a per-program basis.

**A Mail-in registration form**, located in the back of this brochure, may be used for most programs.

**Checks Payable: "Village of Croton"** (separate check for each program).

**Address:** Village of Croton / Recreation Dept., One Van Wyck Street, Croton-on-Hudson, NY 10520

**A blue drop box is available outside of the Municipal Building** (by the west exterior stairs).



**Online Registration & Credit Card Payments**  
<https://www.crotononhudson-ny.gov/recreation-parks>  
**"WINTER 2023 ONLINE REGISTRATION"**



Questions or concerns about our programs, please call Croton Recreation at (914) 271-3006.

The Recreation Department Office is located on the second floor of the Municipal Building;  
please feel free to stop by M-F 8:30 AM- 4:00 PM.

**Stay up to date with the latest news - Sign up for Recreation Department E-Alerts!**

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## HOW TO WATCH A GOOD PROGRAM BE ELIMINATED

Nothing eliminates a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination, often including facility scheduling, staffing and purchasing of supplies. **PLEASE REGISTER EARLY!**

## REFUND POLICY

The Recreation Department does not issue refunds unless a program has been canceled due to insufficient registration. Registrants assume full responsibility for any changes in their personal life, which may affect their ability to participate. In rare cases, a participant may encounter an unforeseeable and unavoidable situation that they feel may warrant a refund of fees paid. These situations will be reviewed on an individual basis by the Recreation Superintendent.

**No refunds will be made after the start of the first class or session.** Program fees will not be prorated. All Requests for refunds must be submitted in writing.

A \$10.00 cancellation fee will be retained by the Village in all cases that refunds are granted.

There is a charge of \$20.00 on all returned checks.

A credit card processing fee will be retained for ALL payments by credit card including situations where a full or partial refund is granted. *The Village is unable to refund processing fees.*

## FINANCIAL AID POLICY

It is the intention of the Village of Croton-on-Hudson Recreation Department to assist **village residents** by offering financial aid to those in need. Financial aid applications will be accepted for the following programs only: Senior citizen programs (excluding trips), and some youth programs. Applications are available in the Recreation Office. Residents must be able to prove financial need. All information will be kept confidential.

## MEDICAL INSURANCE

The Village of Croton-on-Hudson DOES NOT provide medical insurance. If you do not have a personal medical insurance policy, we strongly urge you to secure coverage prior to enrollment in any of our programs. All persons participate at their own risk.



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## VILLAGE of CROTON PARKS & PERMITS

The Recreation and Parks Department manages and maintains several parks and recreation facilities throughout the village for community enjoyment. Including, Senasqua Park, Silver Lake Park, Croton Landing, Dobbs Park, Duck Pond Park, Sunset Park, Harrison Street Park, Vassallo Park, Black Rock Park / Dog Park, Firefighters Memorial Field and Echo Canoe Launch.

### ***The following rules & restrictions apply to ensure our parks remain beautiful, safe & clean:***

- \* Please help keep our parks clean, carry in / carry out or use provided trash receptacles when available
- \* No playing on athletic fields when a "Fields Closed" sign is posted.
- \* No sales, fundraising, charging admission fees of any kind
- \* **No dogs or any other domestic animals** permitted in village parks;
- \* *Exceptions, leashed dogs are permitted at the Croton Landing River Walk Trail and Black Rock Park.*
- \* *Bicycles & Scooters are permitted on the Croton Landing Riverwalk Trail.*

### **Fields will close for the winter season on November 14 & re-open in April**

#### **Black Rock Dog Park**

Available for Village Residents M-F 8:00am-8:00pm (April 1-Sept 30)  
M-F 8:00am-6:00pm (Oct 1-March 31) Saturday & Sunday 10:00am-4:00pm  
All dogs must be registered and a dog park permit is required.  
Please contact the main village office for additional information: 271-4781

## RECREATION PHOTO ID CARDS

Recreation Photo ID cards are issued on Tuesdays & Thursdays from 9:00-3:30 in the rec office.

**Fee:** Village Residents \$9.00 / Village Seniors 62+ FREE

**Fee:** School District Residents \$15 / School District Seniors \$10.00

Recreation ID cards are valid for 3 years & are required for ages 4 and older

Two proofs of residency required: driver's license plus, a tax bill, bank statement or utility bill.

**Photo ID Card Registration & Credit Card Payment is Available Online:**

<https://www.crotononhudson-ny.gov/recreation-parks>



**WINTER WEATHER POLICY** – If Croton Harmon Schools are closed due to inclement weather, recreation programs are cancelled. Questions? Please call the recreation Dept at 271-3006



Additional information regarding the use of Village parks may be found in Village Code Chapter 168 which is posted on the Village website. Enjoy your visit!

[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)



## **CROTON RECREATION**

VILLAGE of CROTON - RECREATION SUMMER EMPLOYMENT

**DAY CAMP / TINY TOTS / LIFEGUARDS / GATE ATTENDANTS**

### **2023 Summer Employment Opportunities**

Available at Day Camp, Tiny Tots Camp, Lifeguards at Silver Lake and Gate Attendants.

**Applications Accepted from January 3 – March 13, 2023**

Those selected for an interview will be contacted mid-March / early April

Employment decisions will be made first week of May

**Applicants Must be 16 years old (as of July 1) – Lifeguards Must be 15 years old**

Working papers required for those under 18 years of age (issued by school guidance dept)

### **DAY CAMP / TINY TOTS**

***Camp Counselors, Art Specialist, Sports Specialist***

If you are enthusiastic, dependable and enjoy working with children, then you may be the candidate we are looking for! We are interested in quality staff members who are professional. Must be available to work for the entire camp season.

### **LIFEGUARDS AT SILVER LAKE**

Requirements: Applicants must have valid certification for Waterfront / Lifeguard / First Aid & CPR for Professional Rescuer. Please include a copy of certifications with your application.

Mandatory Orientation Date: Early June Must be available to work entire season & weekends.

### **GATE ATTENDANTS**

***Silver Lake and Senasqua Park:***

Orientation: Early June Must be available to work entire season and on weekends.



***Please refer to the Croton Recreation Department website for additional information  
and for application instructions***

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Village of Croton-on-Hudson – Winter 2022 / 2023

## SPECIAL EVENTS

### LETTERS FOR SANTA

**Dates:** Thursday, December 1 - Thursday, December 15

**Location:** Mailboxes located at Municipal Building & SaveMor Drugstore

**Greetings from the North Pole - Santa's Elves will place special mailboxes at the Municipal Building (blue box by west exterior stairs) and SaveMor Drugstore.**

- \*Children may write letters to Santa and receive a personalized response back.
- \* Place letter in designated mailbox by December 15 (no postage required)
- \* Must include child's name and a return address (Please Print Clearly)
- \* Program available for Croton Village & School District Residents Only!



### WINTER HOLIDAY CELEBRATION

**Date:** Thursday, December 1 (*Rain date – December 2*)

**Time:** 5:00 Parade departs from The Croton Municipal Building  
5:15 Singing at Vassallo Park and Tree Lighting by 6:00 PM

**Location:** Municipal Building / Vassallo Park

Come join the parade! Join your friends and neighbors at the Municipal Building at 5:00PM. Santa will lead the way to Vassallo Park for a winter holiday celebration. Come light the lights, sing some songs and enjoy special holiday treats, a festive evening for the entire family.



### HOLIDAY TOY DRIVE

**Sponsored by the Croton Police Department  
& Croton Caring Committee**

**Date:** Saturday, December 3

**Time:** 12:00 PM – 4:00 PM

**Location:** Municipal Building, Community Room

Bring a toy, enjoy some holiday treats and take a photo with Santa!

New, unwrapped toy - Toys for all ages welcome.



### HOLIDAY HOME DECORATING CONTEST

[www.crotononhudson-ny.gov/recreation-parks](http://www.crotononhudson-ny.gov/recreation-parks)

**Register Home By:** Friday, December 16

Holiday Home Decorating Contest. Light up the winter by showing off your best seasonal display! Village residents may register your home by 12/16 and it will be featured on the **Village of Croton Holiday Home Map** for a self-guided tour throughout the village. The community will have the opportunity to vote until 1/2 with winners announced in January. Award Categories Include: Best Traditional – Showstopper – Best Theme – Most Creative



[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)





# SEASONAL ACTIVITIES

## ICE SKATING at DUCK POND PARK



Ice Skating is available at Duck Pond Park on Bungalow Road – Weather & Safety Permitting.

**GREEN FLAG** = the ice is safe / **RED FLAG** = unsafe conditions & skating is NOT permitted.

\*New York State law requires 6 inches of ice for safe skating\*

Skating is UNSUPERVISED – for your own safety and protection never go skating by yourself.



## 2023 SUMMER CAMP REGISTRATION- BEGINS MARCH 13

**DAY CAMP** (Full Day Program) for those who completed Grades K-6

**TINY TOTS CAMP** (Half Day Program) for Ages 4-6

Registration Begins March 13 - Registration forms will be available in the Recreation Department, the Croton Free Library and online on the village website. Camp registration is on a first come – first served basis, **completed forms, immunization records** and

**FULL** payment is **required to register**. Checks Payable “Village of Croton”

**REGISTER EARLY SPACE is LIMITED!**

<https://www.crotononhudson-ny.gov/recreation-parks>

## KAYAK & CANOE STORAGE RACKS -2023

Kayak & Canoe Storage is Available at Echo Canoe Launch & Croton Landing

Season: April 15 - October 29 / Hours: 7:00 AM – 9:00 PM

Village Residents may register by lottery; from March 13 – March 31

Afterwards, available spots will be filled on a first come – first served basis

**Non-Residents / School District Residents may register after April 3**

Applications will be available online & at the Croton Recreation Department



## CROTON COMMUNITY GARDEN

Winter is the perfect time to start planning your spring garden!

Location: Municipal Building & Silver Lake Parking Lot

Garden plots are available for Croton Village Residents only.

For Additional Program Information Email:

[communitygarden@crotononhudson-ny.gov](mailto:communitygarden@crotononhudson-ny.gov)

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[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)





# YOUTH ACTIVITIES

## AFTER SCHOOL PROGRAMS

### GAME DAYS - WINTER

Join us for some afterschool fun and games!

Students will enjoy various games such as Kickball, Basketball, Whiffle Ball, Tag, Parachute Play and more in a structured and supportive setting.

Class will be indoors or outdoors depending on weather. Come join the fun!

***Please pick up promptly at 4:00 in the front circle at CET***

#### GAME DAYS – Grade 1

**Act# 1405 Sec 3**

**Dates:** Mondays, beginning January 9 for **8 sessions** (No class Jan 16 & Feb 20)  
**Time:** 2:30 - 4:00 PM  
**Location:** CET Gym  
**Fee:** \$120.00 Village Residents / \$145.00 School Dist/Non-Residents  
**Registration Deadline:** January 3

#### GAME DAYS – Grade 2

**Act# 1406 Sec 3**

**Dates:** Tuesdays, beginning January 10 for **8 sessions** (No Class Feb 21)  
**Time:** 2:30 - 4:00 PM  
**Location:** CET Gym  
**Fee:** \$120.00 Village Residents / \$145.00 School Dist/Non-Residents

#### GAME DAYS – Grade 3

**Act# 1407 Sec 3**

**Dates:** Wednesdays, beginning January 11 for **8 sessions** (No Class Feb 1 & Feb 22)  
**Time:** 2:30 - 4:00 PM  
**Location:** CET Gym  
**Fee:** \$120.00 Village Residents / \$145.00 School Dist/Non-Residents

#### GAME DAYS – Grade 4

**Act# 1408 Sec 3**

**Dates:** Thursdays, beginning January 12 for **8 sessions** (No Class Feb 23)  
**Time:** 2:30 - 4:00 PM  
**Location:** CET Gym  
**Fee:** \$120.00 Village Residents / \$145.00 School Dist/Non-Residents



[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)

# YOUTH ACTIVITIES

## SOCCKER CLINIC at C.E.T

### **INDOOR SOCCER CLINIC - Grade 4**

**Act# 1510 Sec 3**

**Dates:** Fridays, beginning January 13 for **8 sessions** (*No Class Feb 24*)

**Time:** 2:30 – 4:00 PM

**Location:** CET Gym

**Fee:** \$120.00 Village Residents  
\$145.00 School Dist/Non-Residents

**Instructor:** Toni Marie Feliu, Soccer Coach

**Registration Deadline:** January 6

Join us for an indoor soccer clinic at PVC! Learn and practice fundamental skills such as first touch, receiving and dribbling. Wear sneakers, bring a water bottle – soccer balls will be provided.



## BASKETBALL CLINICS at P.V.C

Join us for youth basketball fundamentals. Participants will learn basic basketball skills such as ball handling, passing and shooting. Bring a water bottle - Basketballs will be provided.

**Come join the fun!**

### **BASKETBALL – 1<sup>st</sup> Grade**

**Act# 1501 Sec 3**

**Dates:** Saturdays, beginning January 7 for **6 sessions**

**Time:** 8:30 - 9:30 AM

**Location:** PVC Gym

**Fee:** \$55.00 Village Residents / \$65.00 School Dist/Non-Residents

**Registration Deadline:** December 30



### **BASKETBALL -2<sup>nd</sup> Grade**

**Act# 1502 Sec 3**

**Dates:** Saturdays, beginning January 7 for **6 sessions**

**Time:** 9:30 - 10:30 AM

**Location:** PVC Gym

**Fee:** \$55.00 Village Residents / \$65.00 School Dist/Non-Residents



### **BASKETBALL – Grades 3- 4**

**Act# 1503 Sec 3**

**Dates:** Saturdays, beginning January 7 for **6 sessions**

**Time:** 10:30 - 11:30 AM

**Location:** PVC Gym

**Fee:** \$55.00 Village Residents / \$65.00 School Dist/Non-Residents



# YOUTH ACTIVITIES

## WINTER BREAK PROGRAMS

### **ARTS, CRAFTS AND 3D DESIGN!**

**Act# 1380 Sec 3**

**Date:** Thursday, December 29  
**Time:** 9:30 AM -2:30 PM  
**Location:** Municipal Building, Community Room  
**Fee:** \$70.00 Village Residents  
\$85.00 School Dist/Non-Residents  
**Grades:** 1-4



SCIENCE • TECHNOLOGY  
ENGINEERING • ART • MATHEMATICS

**Registration Deadline:** December 20

**Instructor:** Super Science

“A” is for Art in our STEAM winter break program! Have fun making and creating with Super Science. Projects include sand art, friendship bracelets, painting, rain sticks, CD spinners and mosaic sun crafts. Enjoy an introduction to 3-D pen design, CAD drawing and 3-D printing. Explore your creative side - lots of projects to take home!

**Please bring snack & lunch**

### **CHEMICAL WIZARDRY**

**Act# 1386 Sec 3**

**Date:** Wednesday, February 22  
**Time:** 9:30AM -2:30 PM  
**Location:** Municipal Building, Community Room  
**Fee:** \$70.00 Village Residents  
\$85.00 School Dist/Non-Residents  
**Grades:** 1- 4

**Instructor:** Super Science

**Registration Deadline:** February 15

Get ready for a fun filled “magical experience” Harry Potter style! Learn about atoms, bonding and the periodic table in this hands-on introduction to chemistry and physics. Have fun making flubber, super Hi-Bounce balls, glowing goo and much more! Enjoy demonstrated experiments such as the Big Bang Cannon and Magic Genie in the Bottle. Take home projects you created, a recipe booklet, and a mini-chemistry kit. Come join the science fun!

**Please bring snack & lunch**





# YOUTH ACTIVITIES

## **WIGGLE & SQUIGGLE**

**Act# 1314 Sec 3**

**(Ages 2 – 4 with Caregiver)**

**Date:** Thursdays, beginning February 2 for **5 sessions**  
*No class February 23*

**Time:** 9:30-10:30

**Location:** Municipal Building Community Room

**Fee:** \$80.00 Village Residents  
\$95.00 School Dist/Non-Residents

**AGES:** Ages 2-4 with Caregiver

**Instructor:** Whitney Webster

**Registration Deadline:** January 26



Join us for Wiggle & Squiggle with Whitney! Explore the sensory world around you through art, movement and song, in this fun and engaging class. This creative art and movement class is designed especially for little ones with their caregivers. Wiggle & Squiggle- guaranteed to make you giggle!

## **BABYSITTER TRAINING with CPR**

**Act# 1315 Sec 3**

**Date:** Saturday, March 4

**Time:** 12:00-4:00PM

**Location:** Municipal Building Community Room

**Ages:** 11-15

**Fee:** \$85.00 Village /\$95.00 School Dist/Non-Residents

**Instructor:** Kathy Margiasso

**Registration Deadline:** February 4



This course will prepare students with the training every parent wants in a babysitter! Topics covered include; safety, basic childcare, safe play, critical emergency action skills, CPR and first aid. The student will become certified in babysitting with CPR. **Please bring a water bottle & lunch**

## **STROLLER STRIDES FITNESS**

**Date:** Winter Classes Available

**Location:** Croton Landing Park (inside location available TBD)

**Ages:** Babies with Caregivers

**Instructor:** Dana Pavella, Fit4Mom [www.yorktown.fit4mom.com](http://www.yorktown.fit4mom.com)

**For additional information and to register, please refer to website:**

Stroller Strides is a total fitness program that moms can do with their babies while in their stroller. It includes power walking, intervals of strength, and body toning exercises using the stroller and the environment. Stroller Strides instructors weave songs & activities into the routine designed to entertain and engage baby, while moms are lead through a series of exercises. Come join the fun!

[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)



# ADULT ACTIVITIES

## **INDIGO DYE WORKSHOP – TEEN & ADULT**

**Act# 2200 Sec 3**

**Dates:** Friday, February 10  
**Time:** 6:00 - 7:30 PM  
**Location:** Municipal Building, Community Room  
**Fee:** \$25.00 Village Residents / \$30 Non-Residents  
**Registration Deadline:** February 3  
**Instructor:** Ketti North, Teaching Artist



Enjoy the magic of Indigo, an artform that came from Japan many centuries ago. Learn the history of Indigo and leave with a Shibori tie dye item. Bring a 100% cotton or linen fabric to dye and leave with a custom dyed item, made by you. Join us for this fun, hands-on workshop!

## **POTTERY CLASS - ADULT**

**Act# 2042 Sec 3**

**Dates:** Tuesdays, beginning March 14 for **12 sessions**  
*No Class March 21 & April 4*  
**Time:** 7:00 - 9:30 PM  
**Location:** CHHS Art Room (High School)  
**Fee:** \$200.00 Village Residents / \$230.00 School Dist/ Non-Res  
Supply list will be provided upon registration  
**Registration Deadline:** March 21  
**Instructor:** Susan Posmentier, Teaching Artist



Join instructor Susan Posmentier for Adult Pottery in the Art Room at CHHS! Create hand-built functional pieces, with an emphasis on slab and coil techniques. Explore texturizing clay with rubber stamps, rollers and other found objects. Access to a well-equipped art studio with kilns. This class is perfect for those with prior experience looking to create in a fun and supportive environment!

## **PAINTING WITH WATERCOLORS**

**ACT# 2100 Sec 3**

**Dates:** Mondays, beginning March 6 for **6 Sessions**  
**Time:** 1:00 - 3:00 PM  
**Location:** Community Room  
**Fee:** \$135.00 Village Residents  
\$145.00 School Dist /Non-Residents  
**Registration Deadline:** February 27



**Instructor:** Hillary Hostetler MFA, Teaching Artist

Join Hillary Hostetler for Painting with Watercolors. This course will cover basic watercolor techniques and proper handling of materials. Classes include demonstrations and personalized instruction. Enjoy creating in a fun and supportive environment. All levels welcome!

[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)

# ADULT ACTIVITIES

## **YIN YOGA WITH KRISTY**

**Act# 2195 Sec 3**

**Dates:** Mondays, beginning January 23 for 8 sessions

*No Class February 20*

**Time:** 11:00AM -12:00 Noon

**Location:** Municipal Building, Recreation Conference Room

**Fee:** \$120.00 Village Residents  
\$135.00 School Dist / Non-Residents

**Registration Deadline:** January 16

**Instructor:** Kristy Cohen, CKYT, CVA, M.Ed.

Yin Yoga focuses on the release of the body's connective tissue, fascia. Awareness of the breath and mind allows the body to sink into a pose with little effort. This is a quiet, slow practice where poses are held for 3- 5 minutes. This class requires no prior experience, designed for students of all levels.



## **RISE & SHINE YOGA w/ ALEXA**

**Act# 2197 Sec 3**

**Dates:** Wednesdays, beginning February 1 for 8 sessions (ends March 29)

*No Class February 22*

**Time:** 9:00 - 10:00 AM

**Location:** Municipal Building, Recreation Conference Room

**Fee:** \$120.00 Village Residents / \$135.00 School Dist/Non-Res

**Registration Deadline:** January 25

**Instructor:** Alexa Wolkoff, RYT

Rise & Shine Yoga with Alexa - Wednesday Rise and Shine Yoga is a more physically challenging class, catering to students with some prior experience. Supine, seated and standing poses are incorporated into each class as well as breathwork and meditation.



[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)



# ADULT ACTIVITIES

## **VINYASA YOGA FLOW (Evening)**

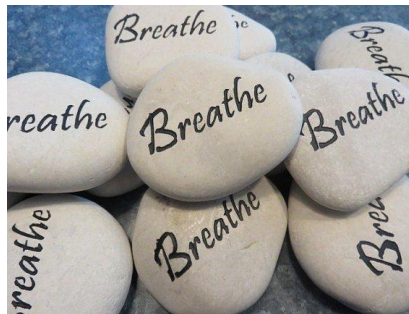
**Act# 2199 Sec 3**

**Dates:** Tuesdays, beginning January 24 for **8 sessions**  
**Time:** 6:30 - 7:30 PM  
**Location:** Municipal Building, Recreation Conference Room  
**Fee:** \$120.00 Village Residents / \$135.00 School Dis / Non-Res  
**Registration Deadline:** January 17



**Instructor:** Cathy Deutchman, 200-hour RYT in Vinyasa Yoga

Join instructor Cathy Deutchman for Vinyasa Yoga Flow, an energizing class - students of all levels are welcome. Enjoy a playlist of upbeat music and dharma weaved throughout. This uplifting class is designed to increase strength, balance, flexibility, in community with other Yoga practitioners.



## **HATHA YOGA w/ ALEXA (Sundays)**

**Act# 2187 Sec 3**

**Dates:** Sundays, beginning February 5 for **6 sessions**  
*No class February 19*  
**Time:** 10:00AM - 11:00 AM  
**Location:** Municipal Building, Recreation Conference Room  
**Fee:** \$90.00 Village Residents / \$115.00 School Dist/Non-Res  
**Registration Deadline:** January 30  
**Instructor:** Alexa Wolkoff, RYT



Join instructor Alexa for Hatha Yoga, a nurturing class designed for students of all levels. Practice stretches, breath work and simple yoga poses. Focus on the healing effects of breath, proper alignment and positive energy. Release tension, build strength, reduce stress and restore balance – all while quieting the mind.

[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)

# ADULT ACTIVITIES

## **ELLOVE TECHNIQUE W/ WHITNEY (DAYTIME)**

**Act# 2190 Sec 3**

**Dates:** Tuesdays, beginning January 31 for 8 sessions

*No Class February 21*

**Time:** 11:00 AM - 12:00 PM

**Location:** Municipal Building, Recreation Conference Room

**Fee:** \$120.00 Village Residents / \$135.00 School Dis/Non-Res

**Registration Deadline:** January 17

**Instructor:** Whitney Webster, Certified Ellove Instructor

Join instructor Whitney Webster ELLOVE, the perfect all-in-one workout! Enjoy a gentle, full-body, cross-training, injury-reducing and conditioning program designed for every body's skill level. A combination of movement, yoga, Pilates and fitness. It flows to music with seamless movement that improves strength and flexibility, leaving you feeling rejuvenated. Bring a yoga mat & water bottle.

THE  
**ELLOVÉ**  
TECHNIQUE®



## **ELLOVE TECHNIQUE W/ WHITNEY (EVENING)**

**Act# 2191 Sec 3**

**Dates:** Thursday, beginning January 26 for 8 sessions

*No Class February 23*

**Time:** 7:00 PM – 8:00 PM

**Location:** Municipal Building, Recreation Conference Room

**Fee:** \$120.00 Village Residents / \$135.00 School Dis/Non-Res

**Registration Deadline:** January 18

**Instructor:** Whitney Webster, Certified Ellove Instructor

Join instructor Whitney Webster ELLOVE, the perfect all-in-one workout! Enjoy a gentle, full-body, cross-training, injury-reducing and conditioning program designed for every body's skill level. A combination of movement, yoga, Pilates and fitness. It flows to music with seamless movement that improves strength and flexibility, leaving you feeling rejuvenated. Bring a yoga mat & water bottle.



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# ADULT 30+ ACTIVITIES

## **INDOOR SOCCER - TUESDAYS**

**Act# 2009 Sec 3**

**Dates:** Tuesdays, beginning January 10 for **10 sessions**  
*No class February 21*

**Time:** 7:30 – 9:00 PM

**Location:** PVC New Gym

**Fee:** \$85.00 Village Residents / \$95.00 School Dist/Non-Res

**Ages:** Adults 30 + years

**Registration Deadline:** January 3



Take part in the fast-paced action of indoor soccer. This program is great for staying fit during the winter months. Come join the fun!

## **INDOOR SOCCER – THURSDAYS**

**Act# 2012 Sec 3**

**Dates:** Thursdays, beginning January 12 for **10 sessions**  
*No class February 23*

**Time:** 7:30 - 9:00 PM

**Location:** PVC New Gym

**Fee:** \$85.00 Village Residents / \$95.00 School Dist/Non-Res

**Ages:** Adults 30 + years

**Registration Deadline:** January 5



## **OPEN GYM BASKETBALL - MONDAYS**

**Act# 2008 Sec 3**

**Dates:** Mondays, beginning January 9 for **10 sessions**  
*No class January 16 & February 20*

**Time:** 8:30 - 10:00 PM

**Location:** PVC New Gym

**Fee:** \$85.00 Village Residents / \$95.00 School Dist/Non-Res

**Ages:** Adults 30 + years

**Registration Deadline:** January 3



Adult 30+ enjoy a fun & friendly game of pick-up basketball at the PVC New Gym

## **OPEN GYM BASKETBALL - WEDNESDAYS**

**Act# 2011 Sec 3**

**Dates:** Wednesdays, beginning January 11 for **10 sessions**  
*No class February 1 & February 22*

**Time:** 7:30 - 9:00 PM

**Location:** PVC New Gym

**Fee:** \$85.00 Village Residents / \$95.00 School Dist/Non-Res

**Ages:** Adults 30 + years

**Registration Deadline:** January 4



[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)



# ADULT 60+ ACTIVITIES

## LOCAL EXPLORERS - TRIPS

*All trips depart from the ShopRite parking lot – please see flyer for details*

*For Additional Information Contact: Joanna Straub 271-5804*



### HOLIDAY MALL SHOPPING

# 4200 Sec 3

**Date: Wednesday, December 7 Time: 11:00 AM- 3:00 PM, Call 271-5804**

Leave the driving to us! Join friends for a morning of shopping & lunch at the JV Mall.



### LINCOLN DEPOT MUSEUM, PEEKSKILL

# 4201 Sec 3

**Date: Wednesday, January 25** (snow date 1/31) **Time: 10:30 AM - 2:00 PM**

Join us for a private tour of the Lincoln Depot Museum in Peekskill – Followed by a group lunch at Taormino Trattoria. **Fee: \$50.00 Village Res/ \$55.00 Non-Res, Tour & Lunch**



### LUNCH TRIP - SQUIRES

#4202 Sec 3

**Date: Wednesday, February 1 Time: 11:45 AM - 1:30 PM**

Join friends for lunch at Squires in Briarcliff, winner of the Best Burger in Westchester!

**Fee: \$5 Res/ \$8 Non-Res – Transportation only, Individual checks provided**



### UNCLE GIUSEPPE'S MARKETPLACE, YORKTOWN HEIGHTS

#4203 Sec 3

**Date: Wednesday, February 15 Time: 10:30 AM - 2:00 PM**

Explore the new Uncle Giuseppe's, a full-service marketplace and café with a gourmet Italian flair. Time for shopping & lunch on your own. **Fee: \$5 Village Res/ \$8 Non-Res**



### LUNCH TRIP – YUKA'S

#4204 Sec 3

**Date: Wednesday, March 1 Time: 11:45 AM - 1:30 PM**

Join friends for lunch at this popular local Latin Fusion Restaurant.

**Fee: \$35 Res / \$38 Non-Res – Includes transportation & a pre-fixe 3 course lunch**



### FLORRIE KAYE'S TEA ROOM, CARMEL

#4205 Sec 3

**Date: Wednesday, March 15 Time: 10:30AM - 2:00 PM**

Enjoy a traditional afternoon tea at the charming Florrie Kaye's Tearoom. Includes tea sandwiches, mini desserts, classic British scones and your own pot of tea, choose from among 90 varieties! **Fee: \$45.00 Village Res / \$48.00 Non-Res**

### LYNDHURST HISTORIC SITE, TARRYTOWN

#4206 Sec 3

**Date: Wednesday, April 5 Time: 10:00 AM - 2:00 PM**

Tour Lyndhurst, a majestic estate on the banks of the magnificent Hudson River, visitors will experience first-hand an American icon of architecture & landscape design.

**Fee: \$28.00 Village Res / \$32.00 Non-Res – Includes Tour & Transportation**



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# ADULT 60+ ACTIVITIES

## WORKSHOPS

### **INDIGO DYE WORKSHOP**

**Dates:** Thursday, February 9  
**Time:** 10:00 - 11:30 AM  
**Location:** Municipal Building, Community Room  
**Fee:** \$25.00 Village Residents / \$30 Non-Residents  
**Registration Deadline:** February 2  
**Instructor:** Ketti North, Teaching Artist

**Act# 3132 Sec 3**



Enjoy the magic of Indigo, an artform that came from Japan many centuries ago. Learn the history of indigo and leave with a Shibori tie dye item. Bring a 100% cotton or linen fabric to dye and leave with a custom dyed item, made by you. Join us for this fun, hands-on workshop!

### **ART OF PAPER CUTTING**

**Dates:** Friday, February 24  
**Time:** 9:30 - 11:00AM  
**Location:** Recreation Conference Room  
**Fee:** \$20.00 Village Residents / \$25 Non-Residents  
**Instructor:** Sine Hjort, Teaching Artist

**Act# 3134 Sec 3**



Demystify the techniques behind creating your very own piece of Paper cut artwork. Learn how to cut your own intricate, lace like design all from a single sheet of paper. All supplies provided.

### **PIZZA & PAINT**

**Dates:** Tuesday, March 21  
**Time:** 11:00AM - 1:30 PM  
**Location:** Community Room  
**Fee:** \$15.00 Village Res / \$20.00 Non-Residents  
**Registration Deadline:** March 14  
**Instructor:** Lauren Eberhardt, Teaching Artist

**ACT# 3136 Sec 3**



Join teaching artist Lauren Eberhardt for Pizza and Paint with Watercolors. Welcome spring by painting your own spring scene. This is a guided painting class, no experience necessary and all materials will be provided. Come join the painting party, enjoy pizza, painting and fun!

# ADULT 60+ ACTIVITIES

## **SMARTPHONE TECH SUPPORT**

**ACT# 3058 Sec 3**

**Dates:** 4 Tuesdays

January 10, February 14, March 14 & April 11

**Time:** 3:15 - 4:00 PM

**Location:** PVC Middle School

**No Fee:** Free, Pre-Registration Required (Friday prior to date)

Do you have questions about using your smart phone? Maybe you have the basics down but have questions about a new app. Or is your smartphone still sitting in the box from the store? Join members of the PVC student council for tech support. Come to one session or all four!



## **WINTER SOWING - GARDENING WORKSHOP**

**Act# 3059 Sec 3**

**Date:** Saturday, February 4, (register by January 27)

**Time:** 10:00AM - 12:00 PM

**Location:** Municipal Building, Community Room

**Fee:** \$5.00 Village Res/ \$8 Non-Residents

**Instructor:** Eva Thaddeus, Wild Gardens Nursery

Learn how to grow beautiful flowers or fresh vegetables without needing indoor space or specialty lights. Winter sowing is an easy method of starting seeds using recycled containers, potting soil and duct tape. Start seeds for a container or for a whole vegetable garden!



## **HEALTHY & FUN COOKING w/ ALYSSA**

**Dates:** Fridays, Jan 27, Feb 24, March 24, April 28 16 **Time:** 1:00PM – 1:45 PM

**Location:** Community Room **FREE**, registration is requested

**Instructor:** Alyssa Advincula, Nutritionist, Feeding Westchester

Join nutritionist Alyssa Advincula for FREE cooking demonstrations & nutrition tips.

Sample delicious recipes & enjoy fun giveaways such as measuring cups or shopping bags.



**Cook It!**

## **PAINTING WITH WATERCOLORS**

**ACT# 2100 Sec 3**

**Dates:** Mondays, beginning March 6 for 6 Sessions

**Time:** 1:00 - 3:00 PM

**Location:** Community Room

**Fee:** \$135.00 Village Residents

\$145.00 School Dist /Non-Residents

**Registration Deadline:** February 27

**Instructor:** Hillary Hostetler MFA, Teaching Artist

Join Hillary Hostetler for Painting with Watercolors. This course will cover basic watercolor techniques and proper handling of materials. Classes include demonstrations and personalized instruction. Enjoy creating in a fun and supportive environment. All levels welcome!



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# ADULT 60+ ACTIVITIES

## **FITNESS FOR BALANCE**

**Act# 3611 Sec 3**

**Dates:** Thursdays, beginning January 26 for **8 sessions**

**Time:** 1:00 – 2:00 PM

**Location:** Municipal Building, Community Room

**Fee:** \$70.00 Village Residents  
\$80.00 School Dist/Non-Residents



**Registration Deadline:** January 19

**Instructor:** Caryl DePalma, Exercise Specialist

Improve balance & fitness with Caryl DePalma. Balance is the key to all daily functions & activities. Build strength, improve flexibility and reduce risk of falls. This is a gentle exercise class that will be adapted to the level of each participant. Bring water & wear comfy clothes.

## **LOW IMPACT EXERCISE**

**Act# 3613 Sec 3**

**Dates:** Wednesdays, beginning January 18 for **6 sessions**

**Time:** 1:30 PM - 2:30 PM

**Location:** Municipal Building, Community Room

**Fee:** \$45.00 Village Residents  
\$55.00 School Dist/Non-Residents



**Registration Deadline:** January 11

**Instructor:** Lori Barr, Fitness Instructor

Improve your strength, balance & overall fitness in this fun exercise class. Join experienced exercise instructor Lori Barr - she will guide you through a routine that includes low impact cardio, strength training with light weights, resistance bands and balance work.

## **CHAIR YOGA**

**Act# 3161 Sec 3**

**Dates:** Mondays, beginning January 23 for **9 sessions**  
(No class February 20)

**Time:** 11:00 AM - 12:00 Noon

**Location:** Municipal Building, Community Room

**No Fee: FREE -Space Limited!**

**Registration Deadline:** January 17 (non-resident registration begins 1/9)

**Instructor:** Karen Lett, Fitness Instructor

Join instructor Karen Lett for this weekly class that incorporates all aspects of yoga, including meditation, breathing, asana and relaxation without having to get down on the floor.

Yoga leaves you feeling relaxed, renewed and with a more joyful outlook.



*This program is funded by the Village of Croton Recreation Department and supported in part by funding from the Westchester County Department of Senior Programs and Services*

[www.crotononhudson-ny.gov](http://www.crotononhudson-ny.gov)



# ADULT 60+ ACTIVITIES

## THE CROTON SENIOR CLUB

**Enjoy coffee, conversation & fun!**

Join the Croton Senior Club for weekly Friday meetings at 11:00 AM in the Community Room at the Croton Municipal Building.

The Croton Senior Club enjoys social activities, classes & guest speakers.

Club membership is open to Croton Village & School District Residents age 60+

For additional information please call Senior Club President, Marilyn Grantner

**Phone: 219-331-8135 Email: [marilyngrantner@gmail.com](mailto:marilyngrantner@gmail.com)**



## MAH JONGG AT THE CROTON FREE LIBRARY

**Lessons for Beginners: Thursdays 10:00 AM - 11:00 AM**

**Free Play for Experienced Players: Thursdays 11:30 AM - 1:30 PM**

For additional information **Email: [gglazer@wlsmail.org](mailto:gglazer@wlsmail.org) Phone: 271-6612**



## SENIOR SHOPPING BUS

**Do you need to get to the supermarket? Catch a ride on the shopping bus!**

The Village of Croton local shopping bus will pick you up from your home and take you to ShopRite, local banks or to the Croton post office.

**Who is Eligible:** Village of Croton Residents Age 60+

**When:** Every Tuesday 10:30 AM – 12:30PM (approximately)

**Cost: FREE** but advance program registration is required.

For Additional information, please call Joanna Straub, Director of Senior Recreation 271-5804



## OPERATION SNOWFLAKE

**Do you need help shoveling snow? Register for Operation Snowflake!**

**Operation snowflake** is a program presented by **The Town of Cortlandt** that matches local youth ages 14-18 with seniors who need help shoveling. If you are in need of this service or know someone who is, **call Becky Ferguson at 914-528-8377.**

## **WINTER WEATHER POLICY**



If Croton Harmon Schools are closed due to inclement weather, senior recreation programs are cancelled. Questions? Please call the recreation Dept at 271-3006

**Questions about Senior Recreation Programs? Please contact;**

**Joanna Straub, Director of Senior Recreation**

**(914) 271-5804 – M, W, F -10:00AM-3:00PM**

**[jstraub@crotononhudson-ny.gov](mailto:jstraub@crotononhudson-ny.gov)**



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# ACTIVITY REGISTRATION FORM

Village of Croton-on-Hudson / Recreation Department

1 Van Wyck Street, Croton-on-Hudson, NY 10520

Checks Payable "Village of Croton"

*Please print a form for each participant and use a separate check for each program*

**To Register by Credit Card, visit: [crotononhudson-ny.gov / recreation](http://crotononhudson-ny.gov/recreation)**

Participant's Name: \_\_\_\_\_

Address: \_\_\_\_\_

(Under 18) Parent's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

E-Mail: \_\_\_\_\_

Emergency Name & Phone \_\_\_\_\_

Activity #	Section #	Program	Day	Fee
# _____	Sec. _____	_____	_____	_____
# _____	Sec. _____	_____	_____	_____
# _____	Sec. _____	_____	_____	_____

I am enrolling myself/my child in programs offered by the Croton Recreation Department/Village of Croton-on-Hudson. In so doing, I hereby waive, release and discharge the Village of Croton-on-Hudson, its employees and agents from any liability for injury to person or property that may arise from myself /my child participating in these programs. I hereby also state that I will have health insurance for myself/my child in effect during the time I am engaging in any activities offered by the Croton Recreation Department, its agents or employees. I agree to indemnify and hold harmless the Village of Croton-on-Hudson for any damages or injuries resulting from my or my child's intentional or negligent conduct.

Participant's Signature (parent or guardian if under 18) \_\_\_\_\_

Date \_\_\_\_\_



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